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# Calgary EFT Core Skills Training

**On-line**

**2021**

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## More information

403-467-7252

<https://www.talk-therapy.ca/core-skills-training/>

## SPONSORED BY:



Veronica Kallos-Lilly certified EFT Trainer and Supervisor will be leading Core skills training **On-line** in 2021. Core skills training is an excellent opportunity to continue developing your skills in EFT. 48 hours of training is delivered in 4 sessions over a 4-month period.

## Each session includes:

- Instruction and structured discussion of the EFT model.
- Demonstration through video examples and role plays.
- Discussion of cases relevant to the focus of the weekend.
- Practice of skills through role plays and exercises.
- Case consultation using session recordings of the participants.

**February 18<sup>th</sup> & 19<sup>th</sup>, 2021**

**March 18<sup>th</sup> & 19<sup>th</sup>, 2021**

**April 15<sup>th</sup> & 16<sup>th</sup>, 2021**

**May 6<sup>th</sup> & 7<sup>th</sup>, 2021**

**10:00am - 5:30pm Mountain Time**

## SESSION CURRICULUM

**Session 1:** Steps 1 & 2 Cycle De-escalation

**Session 2:** Steps 3 & 4 Assessment, EFT TANGO

**Session 3:** Steps 5, 6&7 Withdrawer Re-engagement

**Session 4:** Steps 5, 6&7 Pursuer Softening  
Steps 8 & 9 Consolidation & Integration

**All participants are required to present a video for case consultation during this training, which is a required course applicable toward EFT certification.**

## Training Fee

**\$1800.00** for all 4 sessions

**All sessions are required.**

## PAYMENT SCHEDULE

\$300 **non-refundable** deposit (by cheque)  
due at time of registration (**to hold your spot**)

\$750 cheque postdated January 15<sup>th</sup>, 2021

\$750 cheque postdated March 1<sup>st</sup>, 2021

**All cheques to be included with registration!**

## Registration Limited to 16 Participants

**Cancellation Policy:** Due to small group numbers and commitment of financial obligations, no refunds will be provided. In the event the course is cancelled due to low registration, a refund will be issued for the full amount paid.

# REGISTRATION FORM

# Core Skills Training – On-line - 2021

To Register: **Print this Form and Mail it with your cheques to:**

Talk Therapy  
135 Midpark Dr. SE  
Calgary, Alberta  
T2X 2J2

For information: Phone: 403-467-7252 or E-mail: [talktherapyseminars@shaw.ca](mailto:talktherapyseminars@shaw.ca)

**PLEASE ENCLOSE PAYMENT WITH YOUR REGISTRATION FORM**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Professional Affiliation: \_\_\_\_\_

4 Day Externship completed on: \_\_\_\_\_

Taught by: \_\_\_\_\_

**I agree to the following terms and conditions (please initial):**

\_\_\_\_\_ *I understand that I need to have an active caseload of couples (just a few couples) and will be expected to share a video clip of my couple's therapy during this training.*

\_\_\_\_\_ *I have the training and educational qualifications to legally practice as a professional mental health practitioner or I am in formal training to be a professional mental health practitioner.*

\_\_\_\_\_ *I am financially responsible for all 4 sessions. In the event that I am unable to participate in one of the sessions, my money will not be refunded unless my spot can be filled by another therapist.*

\_\_\_\_\_ *I understand that payments are due at time of registration, January 15<sup>th</sup>, and March 1<sup>st</sup>, 2021.*

**I have included all 3 cheques** made payable to Talk Therapy.

**Note: Credit Card or Paypal Options are *not* available.**

*Once we receive your registration and payment, you will receive confirmation by e-mail.  
Receipts will be provided after full payment is deposited.*

**Registration is Limited!**